Snow Shoe Adjustments

- 1. Place the ball of your foot in the binding with your toes positioned against the toe cup, with the instep buckles positioned to the outside.
- 2. Adjust the indexed tongue to fit over the outside of your instep.
- 3. Align your foot straight on the snowshoe, then tighten the instep by pulling the FlowTapeTM Uniloop strap.
- 4. Tighten the heel by pulling the heel strap.
- 5. Stow the Uniloop strap and heel strap in the strap clips.
- 6. To release, unclip and unbuckle the heel straps in the strap clips, then pull the buckle release arch on the indexed tongue.