

Professional Activities *2017-2018*

*Faculty of the Division of
Health and Exercise Science*



Division of Health and Exercise Science
Professional Activities
July 1, 2017 - June 30, 2018

Publications

- **W. Jeffrey Armstrong.** Slope of Time-to-maximum Intensity of the Mechanomyograph in the Calf Muscles during Incremental Electrical Stimulation. *Medicine & Science in Sports & Exercise.* 49(5): S580.
- **Cancel-Tirado, D.,** Feeney, S. L., Washburn, J., Greder, K. Sano, Y. (In Press). Health, well-being, and health care access in rural communities. *Family and Community Health.*
- Loprinzi, P. D., Cardinal, B. J., **Cardinal, M. K.,** & Corbin, C. B. (2018). Physical education and sport: Does participation relate to physical activity patterns, observed fitness, and personal attitudes and beliefs? *American Journal of Health Promotion,* 32(3), 613-620. doi: <https://doi.org/10.1177/0890117117698088>
- **Cardinal, M. K.,** Rogers, K. A., & Cardinal, B. J. (2017). Status of dancer wellness education programs in U.S. colleges and universities: A 20-year update. In *Abstracts of the 27th annual conference of the International Association for Dance Medicine & Science* (p. 65). Conference proceedings from the IADMS Conference, Houston, TX.
- **Lilo EA,** Munoz M, Cruz TH. (2018) Perceptions of healthy eating among Hispanic parent-child dyads. *Health Promotion Practice,* online.
- Van der Mars, H., **Timken, G.,** & McNamee, J. (In Press). Systematic Observation of Formal Assessment of Students by Teachers (SOFAST). *The Physical Educator.*
- Yu M., Wong SS, Manore M, **Patton-Lopez M,** (2018). Obesity 2-y Intervention in High School Soccer Players: Process Evaluation, Best Practices, and Youth Engagement. Nutrients, *WAVE~ Ripples for Change,* 10,711; doi: 10.3390/nu10060711.
- Jadhav, A., **Vala-Haynes, E.** (In Press). Informed Choice and Female Sterilization in South Asia and Latin America. *Journal of Biosocial Science.*

Presentations – National and International

- **Bruce, E., Sellers, S., Roberts, J.** (2017, July) *An Investigation of Wellness in the World's Greatest Detective: Public Health Concepts and the Health of Batman.* Comic Arts Conference, San Diego, CA.
- **Cancel-Tirado, D. I.,** Feeney, S. L., Washburn, I., Greder, K., & Sano, Y. (2017, November). *Rural Latino and Non-Latino White Families' Health Outcomes and Healthcare Access.* Poster presented at the National Council on Family Relations annual meeting, Orlando, FL.

- Meinhold, J., Feeney, S.L., & **Cancel-Tirado, D.** (2017, November). *Bringing us Together: The Northwest Council on Family Relations' Lessons Learned*. Workshop presented at the National Council on Family Relations annual meeting, Orlando, FL.
- **Cardinal, M. K.**, Rogers, K. A., & Cardinal, B. J. (2017, October). *Status of dancer wellness education programs in U.S. colleges and universities: A 20-year update*. Paper presented at the annual meeting of the International Association for Dance Medicine and Science, Houston, TX.
- Cruz, TH., **Lilo EA.**, Solomon, C. (2017, November) *Assessing the collective impact of community-based obesity prevention coalitions as a component of New Mexico SNAP-Ed programming*. Presented at American public Health Association Annual Conference, Atlanta, GA.
- Canaca, G, Johnston, J, Cruz, TH, **Lilo, EA**, Davis, S. (2017, May) *“Eat Smart to Play Hard”*: A social marketing intervention designed to increase consumption of fruit and vegetables by 8- to 10-year-olds in New Mexico. Presented at: World Social Marketing Conference, Washington, DC.
- Wong SS, Manore MM, Meng Y, **Patton-Lopez M**, Johnson T, Schuna Jr. JM, Branscum AJ. (2018, June) *Promoting Life-Skills, Physical Activity and Healthy Diet in High School Soccer Players*: Results from the WAVE~ Ripples for Change Childhood Obesity Prevention 2-year intervention. Short oral presentation at International Society for Behavioral Nutrition and Physical Activity, Hong Kong.
- Wong SS, Manore MM, **Patton-Lopez MM**, Yu M. (2017, July) WAVE~ Ripples for Change (Year 4 of 5) Baseline and Year 1 Exit Findings. Poster Presentation presented at Society of Nutrition Education and Behavior Annual Meeting. Washington, DC.
- Wong SS, Manore MM, Dennis A. **Patton-Lopez MM**, Yu M. (2017, July) WAVE ~ Ripples for Change Virtual Learning and Program Update. Oral presentation at the United States Department of Agriculture- National Institute of Food and Agriculture Program Office. Washington, DC
- **Taylor-Winney, J.**, Snedeker, J., & Dunning, B. (2017). *Promoting physical activity and sport for youth with physical disabilities*. National Adapted Physical Education conference. Sacramento, California. Oral Presentation.
- McNamee, J. & **Timken, G.**, Coste, S., Tompkins, T., & Peterson, J. (2018, July). *“It doesn't seem like P.E. and I love it.”: Adolescent girls' experience with a health club approach*. To be presented at the 2018 AIESEP International Conference, Edinburgh, Scotland.
- Jadhav, A., **Vala-Haynes, E.** (2017, Oct.) *Informed Choice and Female Sterilization in South Asia and Latin America*. Oral Presentation at the International Population Conference in Cape Town, South Africa.
- **Vala-Haynes, E.**, Vallengia, C.R. (2017, Oct.) *Variations in Contraceptive Use Among Indigenous Women of South America: The Toba of NamQom, Argentina*. Poster Presentation at the International Population Conference in Cape Town, South Africa.

Presentations - State and Local

- **Allen, W.**, (2018, May.). *Stress Management*, Kappa Delta Chi Sorority Inc., Western University Campus.
- Davis, L., **Cancel-Tirado, D. I.**, Feeney, S. L., Sano, Y., & Greder, K. (2017, October). *Mom's Health: How tackling Oregon's child care deserts can support maternal and child health and well-being*. Poster presented at the Oregon Public Health Association Annual Conference and Meeting, Corvallis, OR.
- **Cardinal, M.K.** *Conditioning and Periodization of Training for Dancers*, Dancer Wellness Workshop, Dance Program, Western Oregon University.
- **Kelly, T.** (2018, May). *Map and Compass in the Field*, Presentation to South Salem Boy Scout Adult Leaders.
- **Lilo, EA.**, (2018, May) *The power of language to change health*, Ignite Speech, Western Oregon University Academic Excellence Plenary Session.
- **Patton-Lopez, M.** (2018, January) *Oregon Hunger Task Force "Hunger on Campus" Best Practices Addressing Campus Food Insecurity*. University of Oregon, Invited Panelist.
- **Sellers, S.** (2017, Feb.). Department of Homeland Security – TSA @ PDX Airport BDO Program off site team building and work group facilitation.
- **Sellers, S.** (2017, May). *Get Leid Luau "Sexpert,"* WOU.
- **Timken, G.** & students from Western Oregon University. (2017). *Classroom Physical Activity Breaks*. Presented at the 2017 Northwest Conference on Children's Physical Education, Portland, OR.

Awards and Recognition

Cardinal, M.K.

- Phi Kappa Phi Honor Society Inductee

Timken, G.

- 2018-19 T. H. Gentle Professor, WOU College of Education

Taylor-Winney, J.

- Promotion to Associate Professor & Awarded Tenure

Hammermeister, A.

- Faculty All-Star (WOU Athletics)

Hautala, B.

- Faculty All-Star (WOU Athletics)

Kelly, T.

- Faculty All-Star(WOU Athletics)

Vala-Haynes, E.

- Faculty All-Star (WOU Athletics)

Conferences and Workshops Organized

Timken, G.

- Council for Children's Expanded Physical Education (CCEPE) & Co-Planner 2017, 36th annual conference

External Grants and Contracts

Cancel-Tirado, D.

- Contract with RWJF until September 2017

Patton-Lopez, M.

- WAVE ~ Ripples for Change (2017, Sept. – 2018, May)
- Health Assessment Technical Advisor, Benton County Health Department. (2017, Aug.-Dec.)

Faculty Development – Category I and II, Professional Travel

- Armstrong, W.J.
- Bruce, E.
- Cancel-Tirado, D.
- Cardinal, M.K.
- Caster, B.
- Lilo, E.
- Taylor, J.
- Timken, G.
- Vala-Haynes, E.

Faculty Development – Category III, Major Project/Research (\$3500 each)

- Cancel-Tirado, D.
- Taylor, J.
- Patton-Lopez, M.

Faculty Development – Category IV, Re-Assignment for Scholarship

- Massa-Gonzalez, A.

Professional and University Service

Allen, W.

- HEXS General Education Planning & Development Team, new Health Promotion course
- Member, CHE Curriculum Review & Revision Task Force

Armstrong, W. J.

- Managing Editor: *Clinical Kinesiology*
- Manuscript Reviewer:
Journal of Applied Biomechanics
Journal of Strength and Conditioning Research
Keystone Journal of Undergraduate Research
Medical & Biological Engineering & Computing
Physiological Reports
The Open Mechanical Engineering Journal
Translational Journal of the American College of Sports Medicine
- Member, EXS Curriculum Review & Revision Task Force

Bruce, E.

- Member, Faculty Development Committee
- Chair, Ad Hoc, Online Teaching Taskforce
- Member, University Budget Committee
- Member, Search Committee for Vice-President of Finance & Administration
- President's Strategic Planning Retreat, WOU, September 2017.

Cancel-Tirado, D.

- Oregon Commission For Women, Governor appointed Commissioner (second term)
- Rural Family Speak Health – Executive Board Member, Secretary Position
- ¡Salud! Health Program to Vineyard workers, Advisory Board
- Manuscript Reviewer:
Journal of Men's Health
- Chair Elect, University Diversity Committee
- Member, CHE Curriculum Review & Revision Task Force
- Member, HEXS Personnel Review Committee
- Mentor, Faculty Peer Mentoring Program
- Member, WOU Suicide Prevention Task Force

Cardinal, M. K.

- Academic Infrastructure Committee, Western Oregon University
- University Personnel Review Committee, Western Oregon University
- Student Awards Committee, Division of Health and Exercise Science

- Member, EXS Curriculum Review & Revision Task Force
- Co-Advisor, Honors Thesis Committee
- Mentor, Faculty Peer Mentoring Program
- Coordinator, Local Home-Schooled Children's Weekly Participation in Physical Education Teacher Education Course
- Coordinator, Physical Education Teacher Education Students' Assistance to Local Elementary Physical Education Teachers
- Program Coordinator, Dancer Wellness Screening and Workshop
- Adjudicator for Dance Placement and Dance Scholarship Auditions
- Co-Coordinator, EXS students' participation in Talmadge Middle School Community Health Fair
- Co-Coordinator, PE students' participation in teaching practica at Monmouth Elementary School for their After-School Program
- Co-Coordinator, Teaching Research Child Development Center children's participation in Teacher Education course

Caster, B.

- **IE3 Global - Germany Advisory Board**, representing the interests of WOU and Oregon public university students within the Oregon/Baden-Württemberg (Germany) exchange program.
- Assistant Coordinator for the **German American Partnership Program (GAPP)** high school international exchange between Corvallis High Schools and Hochrhein Gymnasium (Germany).
- Manuscript Reviewer:
International Journal of Exercise Science
- *PLoS ONE*
- Section Editor for *PURE Insights* undergraduate research journal, Western Oregon University
- Sponsored Undergraduate Research Publication, Wolf, D. & Leino, K. (2017). *Landing accommodation to minimalist footwear*. *PURE Insights: The Undergraduate Research Journal of Western Oregon University*, Vol. 6(1), 15-23.
- WOU Commencement Faculty Marshall
- Phi Kappa Phi Honor Society, WOU Chapter 223 Secretary and membership coordinator
- COE Peer Mentoring Program, Peer Mentor to Dr. Jennifer Taylor
- Division of Health and Exercise Science Personnel Review Committee
- Member, EXS Curriculum Review & Revision Task Force

Hammermeister, A.

- Member, Abby's House Board
- Member, COE Diversity Committee
- Member, Peer Mentoring Committee
- WOU Faculty Athletic Representative (FAR)

Hautala, R.

- Manuscript Reviewer:
Strategies
- Abstract/Program Reviewer: *Scholarship of Teaching and Learning Commons*
- Chair, Honors Committee
- Member – Faculty Senate
- Member – Interdisciplinary Studies Committee
- Member – Written Communication PLC
- Member – Maurice Initiative/Prize Committee
- Member – Werner Center Advisory Committee
- Member, EXS Curriculum Review & Revision Task Force

Kelly, T.

- At-Large Member, Graduate Studies Committee
- Member, Faculty Senate
- Member, Doctor of Physical Therapy Program Exploratory Task Force
- WOU HEXS Graduate Student Coordinator
- Faculty sponsor WOU Outdoor Recreation Club
- HEXS Academic Excellence Co-coordinator
- Member, EXS Curriculum Review & Revision Task Force

Lilo, E.

- Member, NOPREN Water Working Group
- Member, WOU Suicide Prevention Task Force
- Member, Q-Loop Student Productions Advisory Committee
- Member, CHE Curriculum Review & Revision Task Force
- Co-facilitator, HEXS Annual Poverty Simulation
- Manuscript Reviewer:
Health Promotion Practice
- Board of Directors, PreventScripts
- Mentorship at UNM

Massa-Gonzales, A.

- Member, Faculty Development Committee
- Member, EXS Curriculum Review & Revision Task Force

Patton-Lopez, M.

- Policy Liaison, Society of Nutrition Education and Behavior- Higher Education Work Group
- Society of Nutrition Education and Behavior- Higher Education Work Group, Online Learning and Nutrition Education project lead.
- Nutrition and Obesity Policy Research and Evaluation Network Rural Food Access Working Group (2013- Present)
- Advisory Board Member, Friends of the WOU Food Pantry
- HEXS General Education Planning & Development Team, new Health Promotion course
- Member, CHE Curriculum Review & Revision Task Force
- Manuscript Reviewer:
Journal of Hunger and Environmental Nutrition
Journal of Society of Nutrition Education and Behavior
- Member, City of Corvallis Parks, Natural Areas and Recreation Advisory Board
- Member, Marion & Polk County Community Health Assessment Steering Committee
- Member, Marion-Polk Community Themes and Strengths Assessment Steering Committee

Pedersen, P.

- Manuscript Reviewer:
American Journal of Health Education
Health Promotion Practice
- Member, WOU Suicide Prevention Task Force
- Member, HEXS Personnel Review Committee
- Member, SEP Advisory Committee
- Member, University Emergency Planning Team (EPT)
- Commencement Ceremony Faculty Marshal
- HEXS General Education Planning & Development Team, new Health Promotion course
- Member, EXS and CHE Curriculum Review & Revision Task Forces

Roberts, J.

- Member, Assessment Facilitation Steering Committee (ASFC)
- WOU General Scholarship Essay Reviewer
- Co-Chair, Academic Excellence
- Member, SLCD Advisory Committee
- Speaker, Linn-Benton Community College Health Occupations class: Preparing for WOU's EXS and CHE programs.
- Member, CHE Curriculum Review & Revision Task Force

Sellers, S.

- Member, Senate Curriculum Committee
- Live and Learn Community Advisor – Ackerman Hall
- Guest Program Presenter – Heritage Hall, Landers/Barnum Hall
- Member, CHE Curriculum Review & Revision Task Force

Taylor, J.

- Member, Oregon Inclusive 4-H Committee
- Working Group Chair, National Institute of Food and Agriculture 4-H Vulnerable Populations Youth with Disabilities
- Member, Western Accessibility Awareness Month Committee (WAAM)
- PURE: Executive Committee Member
- Member, Academic Requirements Committee (ARC)
- Member, EXS Curriculum Review & Revision Task Force
- Organizing Committee, North American Federation of Adapted Physical Activity symposium
- OSU Student Honors Thesis Committee. Thesis title: Parent, Advocate, and Educator Perspectives on the Inclusion of Young People with Disabilities in Positive Youth Development Programs

Thomas, D.

- Member, Marion County Local Alcohol and Drug Prevention Committee
- Chair, HEXS Academic Excellence Sessions
- Chair, Maurice Challenge Initiative
- ICSP Scholarship Evaluation Board
- HEXS Awards Committee

Timken, G.

- Manuscript Reviewer:
Environmental Education Research
Journal of Adventure Education and Outdoor Learning
- Member, General Education Task Force
- Member, General Education Faculty Senate Committee
- Hiring Committee Member, WOU Director of General Education
- Member, College of Education Diversity Committee
- HEXS, Personnel Review Committee
- Member, EXS Curriculum Review & Revision Task Force
- HEXS General Education Planning & Development Team, new Health Promotion course
- Reviewer, SHAPE America conference research proposals.

Vala-Haynes, E.

- Manuscript Reviewer:
Journal of Primary Prevention
PLOS ONE
International Perspectives on Sexual and Reproductive Health
- Editorial Board:
PLOS ONE
- Member, Institutional Review Board (IRB)

- Member, WOUFT Bargaining Team
- Member, CHE Curriculum Review & Revision Task Force
- Member, International Education Service Committee (IESC)
- Member, Joint Committee on Evaluation