

ANTH 455 Human Nutrition in Evolutionary Perspective

Abbreviation for Class Schedule(20 spaces)

Human Nutrition

Catalog Description:

Food matters. It is a biological necessity for our survival but not just a biological necessity. In all societies, in many diverse ways, food and eating are also culturally important. In this course we examine foodways across time and space, from a holistic perspective. We will discuss how biology and culture have interacted throughout our evolution forming a biocultural interface with our foodways, the meanings and values associated with food structure identity and our relationships with natural and social environments.

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Course Goal and Objectives:

- become fluent in the language and terminology of human nutrition in evolutionary perspective. - be able to critically evaluate key methodological and theoretical debates concerning the human diet. - be able to critically evaluate the ways biological, cultural and political variables interact to influence human nutrition. - keep a journal of class notes, free writing assignments, reading, film, research notes and class reflections. - write a research paper abstract. - prepare an annotated bibliography. - write a critical book review. - write and revise a research paper. - conduct and record field notes from an ethnographic interview.

Justification for adding the course (e.g. alignment with other institutions, program revision, etc.):

Provides upper division elective in Anthropology.

Faculty and facilities needed:

N/A

Brief Course outline:

Week 1 Introduction to the Course The Biocultural Framework for the Study of Diet and Nutrition Week 2 The Paleolithic Diet ¿ What did early Hominids eat? Week 3 The Agricultural ¿Revolution¿ ¿ Nutritional Consequences Week 4 The Agricultural ¿Revolution¿ ¿ Social and Political Consequences Week 5 The Industrial and Scientific Revolutions ¿ New foods, New Methods Week 6 Food and Culture Week 7 Food Technologies ¿ How People get Their Food Week 8 Food and Social Organization Week 9 Global Food Issues Week 10 Dietary Practices Feast!

Approval Queue C01892

Step	Approver	Decision	Timestamp
1 - Department	Robin Smith	Approved	January 31 2012
2 - Division	John Rector	Approved	February 01 2012
3 - Division Curriculum	Mark Henkels	Approved	February 02 2012
5 - Curriculum Committee	Thaddeus Shannon	Approved	February 21 2012

Comment (optional):

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