

F.A.Q.

FOR WOU

S.A.N.E.

PROGRAM



Western Oregon
UNIVERSITY

Together we succeed

Who conducts the exam?

All three nurse practitioners at the Student Health and Counseling Center are trained to provide SAFE (Sexual Assault Forensic Exam) services. A confidential advocate from Abby's House will be called when a patient requests SAFE services. The patient can decline the services from the advocate if they wish.

How long will a SAFE exam take?

The amount of time it takes will depend on what you decide you want to be included. This exam has many parts and if all parts are completed the exam could take as long as four hours. If you are concerned about time, talk through that concern with the advocate and the medical provider.

What if I just want part of the exam?

It is your choice which parts or how much of the exam you want to include. The medical provider should explain each part of the exam before it happens and give you the option to complete that part or not. The confidential advocate can also help with answering questions and stating what your individual needs and concerns are.

When should I go to the Student Health and Counseling Center?

If you would like to have a SAFE exam on campus, our hours for providing the exam are 8am-2pm Monday - Thursday and 9am - 2pm on Friday. For your medical well-being and for potential evidence collection: the sooner the better! You may also go to Abby's House 8am - 5pm Monday - Friday if you would like a SAFE exam and the confidential advocate will arrange for the exam at your preferred location (possible locations also depend on time of day).

What happens if I show up after 2 p.m.?

A confidential advocate will still be called even if it is outside of the hours that SHCC can provide services. The advocate will discuss options for receiving SAFE services, which could include seeking services from Salem Health or Sarah's Place.

What if I want to go to Salem Health or Sarah's Place but I do not have a ride?

The confidential advocate from Abby's House will arrange transportation for you. If you would like, the advocate can join you at your off-campus exam, or you will be offered an advocate when you arrive at either destination.

Do I have to pay?

No. The cost of the exam is covered by the State of Oregon. There are some options within the exam that may need additional paperwork to cover the cost. The medical providers submit financial paperwork to the state and the advocate can help patients navigate this paperwork.

Who on campus will find out?

The SHCC staff and the confidential advocate will not share information with any other department on campus. If a patient needs to be excused from class or on-campus work because of the exam, SHCC or the advocate can provide documentation that does NOT include the reason for the appointment. The advocate can help with additional documentation for accommodations or academic petitions as necessary.

Will the police be called?

If the patient would like to report to law enforcement we can arrange for that, but the police will ONLY be called if the patient would like them called. If the patient is unsure about reporting to law enforcement, the evidence collected during the exam can be cataloged and kept without names attached until the patient decides how they would like to proceed.

If I get an exam on campus will I have to go to the hospital too?

In most situations the answer is no. However, if you have significant or life threatening injuries you may be advised by SHCC staff to seek medical treatment at a hospital. The confidential advocate can arrange for transportation to a hospital and could meet you there if you would like.

What happens after my exam?

Depending on the particular situation, a patient might have follow up appointments or instructions from SHCC. If the patient has accepted services from the confidential advocate, they will make a follow up appointment in the near future in order to provide additional support and assistance.

Can I shower and change clothes before the exam?

The choice is yours. If you are interested in having evidence collected then it is BEST to not change your clothes or shower until after the exam. The medical provider will collect your clothes in a particular manner and keep them for evidence. We will provide you with clothes to wear during and to wear home after your exam.

If you have additional questions please call

Abby's House at 503-838-8219 or Student Health and Counseling Center at 503-838-8313



ABBY'S HOUSE



Student Health
& Counseling Center