

Major in: Exercise Science Pre-Education Track

Advisor Signature:	

Student Name:	Student Signature:

Date:

Student ID:

Ottacht ID.			
Major 72 hours, 36 UD	Hrs	Has	Lacks
Required Core Courses (30)			
PE 230 Foundations of Exercise Science	4		
PE 310 Motor Learning	4		
PE 371 Kinesiology	4		
PE 415 Lifespan Motor Development	4		
PE 444 Lifespan Adapted Physical Activity	4		
PE 470 Sociological and Psychological Aspects	4		
of Physical Activity			
PE 473 Physiology of Exercise	4		
PE 483 Biomechanics	4		
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Pre-Education Non-Licensure (43)			
PE 239 Teaching Movement Education	3		
PE 240 Teach Dance in Physical Education	3		
PE 241 Teaching Games I	3		
PE 242 Teaching Games II	3		
PE 243 Teaching Outdoor & Adventure ED	3		
PE 244 Teaching Aerobic Fitness	3		
PE 245 Teaching Strength Training & Condition	3		
PE 330 Teaching Methods in Phys ED I	4		
PE 335 Field Experience in Phys ED	1		
PE 430 Teaching Methods in Phys ED II	4		
PE 431 Assessment Strategies in Phys ED	4		
PE 445 Curricular Issues in Phys ED	4		
FE 443 Cullicular Issues III Filys ED	4		
	4		
Choose any two courses from following areas:	7		
Aquatics:			
Eastern Arts:			
Gymnastics:			
Outdoor Recreation:			
Outdoor Necreation.			

Program notes & Additional Degree Requirements		
It is recommended that students take BI 102, and BI 234 the Natural Science requirement in the LACC. BI 234, 23 prerequisites to several major required and elective courcourse descriptions for specific prerequisite requirement	35 and 2 ses. Se	236 are

course descriptions for specific prerequisite requ		
Minimum degree requirements of at least:		
180 or more total credit hours		
62 Upper Division credit hours		
45 of last 60 credits earned at WOU campus		
BA Degree Requirements		
CS 101 or higher		
Math 105 or higher		
Writing Intensive:		
Foreign Language:		
BS Degree Requirements		
CS121 or higher		
Math 111 or higher		
CS/Math/Stats		
Diversity		
	1	
Writing Intensive	+	
virtuing interiolive	+	