

ADVISING CENTER

Student Enrichment Program (SEP)

wou.edu/sep • sep@wou.edu @ wou_sep

503-838-8550 • SEP is a federally-funded TRIO program and provides assistance to eligible students who are first-generation college student (neither parent

graduated with a bachelor's degree from a four-year college), low income, or qualify as having a documented disability. We assist students by offering free academic support services:

- Holistic advising and assisted scheduling of general education courses
- Workshops and seminars focused on academic success, time management,



study skills, stress management, graduation requirements, internship opportunities and preparation for graduate programs

- Chromebooks available for checkout
- Computer lab with access to free printing

Student Success and Advising (SSA)

wou.edu/advising • advising@wou.edu

503-838-8428 • SSA provides academic resources and support to all students at WOU. We are the primary advisors for pre-nursing and exploratory students (students exploring major options), but also provide support to students on academic warning, probation, or suspension; transfer students transitioning to WOU, and prospective students. SSA also coordinates free peer tutoring services for introductory and core major and general education courses (excluding Mathematics, Writing, and Computer Science) as well as standalone support for study-skills (study strategies, note-taking, time management, and test-taking).

STUDENT HEALTH & COUNSELING CENTER

wou.edu/health

503-838-8396 (V/TTY) • 503-838-8313 • The Student Health and Counseling Center offers free medical and counseling services to students registered for one or

more credits. Office visits are free, but you may be charged for medications, laboratory testing, medical supplies, etc.

The health center offers a full range of clinical services: from common illnesses to nutritional counseling, confidential testing, women's health care, treatment of acute injuries, and more.

The counseling center offers confidential counseling for individuals, couples and groups. Students can seek assistance on a variety of concerns such as depression, relationship issues, eating disorders, test anxiety, sexual assault, sexual harassment, grief and loss, sexuality issues, adjustment to school, anger management, issues with roommates and many more.



Campus Dining • wou.edu/housing/campus-dining

503-838-9400 • The Food Court in valsetz is located near the residence halls. All campus dining locations accept cash, debit/credit cards, resident meal plans, Wolf Bonus Account and WOU dining gift cards. The Wolf Bonus Account is a debit meal plan that gives a five percent discount at the time of purchase.



LIEUALLEN ADMINISTRATION

@westernoregonuniversity WesternOregonU

Lieuallen Administration is home to several departments:

- Cashiers
- Diversity, Equity and Inclusion
- Graduate Programs
- Human Resources
- Office of the President
- Office of the Provost
- Office of the Registrar

ACADEMIC PROGRAMS & SUPPORT CENTER

Office of Disability Services (ODS)

wou.edu/disabilityservices • ods@wou.edu

@WOU Office of Disability Services

APSC 405 • 503-838-8250 • ODS serves students with documented disabilities who experience access barriers related to their disability impacts. We approve and coordinate reasonable accommodations—on a case by case basis—to provide equal access to programs, classes, and services. Common disability-related accommodations may include alternative testing arrangements, alternative format reading materials and more.



Writing Center

wou.edu/writingctr

@wouwritingcenter

APSC 301 • 503-838-8286 • Get help with writing résumés, applications, essays, speech outlines, lab reports, slide presentations, video/media projects and more. Peer tutors are available to provide one-on-one assistance with format-

specific content as well as provide general writing feedback. Although tutors avoid "fixing" writing, they do help students be aware of repetitive errors.

BELLAMY HALL

College of Liberal Arts & Sciences • wou.edu/las

503-838-8226 • HSS 234

This college is home to the following academic divisions: Behavioral Sciences, Business & Economics, Computer Science, Creative Arts, Criminal Justice Sciences, Humanities, Natural Sciences & Mathematics, and Social Science.



PETER COURTNEY HEALTH & WELLNESS CENTER

Campus Recreation

wou.edu/campusrec

@woucampsrecreation

503-838-9530 • Campus Rec is a fun and welcoming space for all of our students to come and be active! As long as you are taking one in person credit, you have access to this facility.

- The Aquatic Center
- Climbing wall
- Club sports
- Fitness classes
- Intramural sports
- Outdoor programs
- Student employment
- Workout spaces
- Informal rec (self defense, badminton and pickleball)



A guide to Campus Resources



WELCOME CENTER

Admissions • wou.edu/admission

WEL 110 • 503-838-8000 • Admissions serves undergraduate students and their families with advice on how to best complete your application, how to schedule a personalized campus visit, and help deciding whether WOU is the best fit for you.

Financial Aid • wou.edu/finaid

WEL 140 • 503-838-8475 • Financial Aid provides students and their families:

- Counseling and advice for students with financial aid questions
- Information about federal, state and institutional aid options
- Referrals to other resources for additional academic and financial assistance

Food Pantry • Stitch Closet

wou.edu/foodpantry • foodpantry@wou.edu @ [woufoodpantry](https://www.instagram.com/woufoodpantry)
wou.edu/stitch-closet • stitchcloset@wou.edu @ [stitchclosetwou](https://www.instagram.com/stitchclosetwou)

WEL 165 • 503-838-9381 • The student-run Food Pantry and the Stitch Closet provide free food, clothes, accessories, shoes, and hygiene products to students and community members. Hours vary based on volunteer availability.

CAMPUS PUBLIC SAFETY

wou.edu/safety • safety@wou.edu

Emergency: 503-838-9000; Non emergency (call or text): 503-838-8481
Campus Safety provides patrol services 24/7. We are responsible for public safety, environmental and occupational safety, emergency preparedness, and parking enforcement on campus.

RICHARD WOODCOCK EDUCATION CENTER

College of Education • wou.edu/education

Our three divisions—Deaf Studies and Professional Studies, Education & Leadership, and Health & Exercise Science—prepare skilled professionals in the fields of early learning, teacher education, rehabilitation and mental health counseling, sign language and deaf culture, interpreting and interpreter education, health promotion, and exercise science.

Teacher Prep Student Support Service (TPSSS)

wou.edu/tpsss @ [woutpsss](https://www.instagram.com/woutpsss)

RWEC 213 • 503-838-8568 • TPSSS is a federally-funded TRIO Program that supports future educators. We offer services for advising, financial literacy development, free First Year Seminar classes, teacher licensure (ORELA) support, and more. To be eligible you must be earning a degree in education and qualify in one of the following ways: be a first generation college student, come from a low income background or have a documented disability.

HAMERSLY LIBRARY

library.wou.edu • libweb@wou.edu @ [f](https://www.instagram.com/woulibrary) @ [tiktok](https://www.tiktok.com/@woulibrary) [woulibrary](https://www.facebook.com/woulibrary)

503-838-8418 • 503-383-9681 (WOU1) • Check out books and find your perfect study spot: lively atmosphere and whiteboard tables in the Learning Commons, or the silence and great views on the Quiet Floor. Use our computers, scanners, printers, and borrow equipment: Chromebooks, iPads, cameras and accessories, and more. Get help with research projects and all things library-related!

The Math Center • wou.edu/mathcenter

HL 228 • Hang out, do your math homework and review your math materials.

The Science Center • wou.edu/sciencecenter

HL 124 • Free drop-in tutoring for chemistry, biology, Earth science and physics. All 100-level and selected 200-level science classes are covered.

WERNER UNIVERSITY CENTER (WUC)

In the WUC, you can:

- Access the computer lab
- Find information concerning campus events and current student activities
- Grab a coffee at Caffè Allegro or get a bite at Little Samurai's/ Korean BBQ
- Play pool and hang out with friends
- Reserve meeting rooms for organizations or private groups
- Study in a lounge or quiet room



Abby's House Center for Equity & Gender Justice

wou.edu/abbyshouse @ [abbyshouse_wou](https://www.instagram.com/abbyshouse_wou)

WUC 106 • 503-838-8219 • Abby's House provides educational events and workshops to promote equity and non-violence at WOU. You'll find confidential advocates who can help with reporting options and safety planning, emotional support, emergency housing, academic and financial support. We oversee WOU's Food Pantry and the Stitch Closet, which serve students and the local community.

Associated Students of Western Oregon University (ASWOU)



wou.edu/aswou @ [aswounews](https://www.instagram.com/aswounews) @ [aswou](https://www.instagram.com/aswou)

WUC 121 & 122 • 503-838-8303 • ASWOU is the official student body government on campus. It is fully student-run, student-funded, and designed to represent all WOU students. We advocate for student rights, oversee student clubs, and represent student interests on various campus committees.

Center for Professional Pathways (CPP)

wou.edu/cpp @ [f](https://www.facebook.com/woucopp) @ [woucopp](https://www.instagram.com/woucopp) @ [WOU Center for Professional Pathways](https://www.tiktok.com/@woucenterforprofessionalpathways)

WUC 119 • 503-838-8432 • CPP provides resources to help students discover a well-suited major and career options, build a professional résumé, search for employment, identify an internship, engage in volunteerism, apply to get into graduate school, conduct informational interviews and network with employers, recruiters and alumni.

Freedom Center • wou.edu/freedom-center

freedomcenter@wou.edu @ [woufreedomcenter](https://www.instagram.com/woufreedomcenter)

WUC 202 • 503-838-9510 • The Freedom Center serves as a safe space for all and provides resources for marginalized communities, but emphasizes that every individual is welcomed. Such resources provided includes academic support and supplies, leadership and job opportunities, peer advising and more.

Multicultural Student Services and Programs (MSSP)

wou.edu/mssp • mssp@wou.edu @ [woumssp](https://www.instagram.com/woumssp)

WUC 212 • 503-838-8737 • MSSP is committed to providing educational opportunities and outstanding programming for ethnically and culturally diverse students. We advise the Multicultural Student Union (MSU) and the Multicultural Representatives Mentors (MCR), coordinate the Diversity Scholars and On-Track programs. We also provide mentoring, academic advising, referrals and advocacy, and organize cultural/social activities and events.



Stonewall Center @ [woustonewall](https://www.instagram.com/woustonewall) • stonewall@wou.edu

wou.edu/student-engagement/programs/stonewall-center

WUC 110 • 503-838-8656 • The center is dedicated to providing resources, support, and advocacy for the LGBT*Q+ community at WOU through compassionate, educational experiences and an engaging community environment. The center hosts a variety of educational, informational, and social events.



Student Engagement

wou.edu/student-engagement

@ [WOU Student Engagement](https://www.instagram.com/WOU_Student_Engagement)

WUC 210 • 503-838-8261 • We are responsible for the following:

- facilitate student programs and activities
- advise student organizations
- schedule campus space reservations
- advise fraternity and sorority life
- advise Student Media

Veterans Resource Center (VRC) • wou.edu/veterans

wouveterans@wou.edu @ [wou_veterans](https://www.instagram.com/wou_veterans)

WUC 108 • 503-838-9246 • The VRC offers services and resources for active duty, reserves, National Guard, veterans, and military dependent students. You'll find access to events, workshops, peer mentors, disability claims assistance, and opportunities to connect with student-veterans peers through our Student Veterans of America chapter and P.A.V.E. program.



Vice President for Student Affairs (VPSA)

wou.edu/student @ [wouvpsa](https://www.instagram.com/wouvpsa) @ [wounationalstudentexchange](https://www.instagram.com/wounationalstudentexchange)

WUC 203 • 503-838-8221 • The VPSA provides various student support services, assistance, and referrals to all WOU students. We also assist students with study away through the National Student Exchange Program.



WOLF Ride

wou.edu/wolfride @ [wolfridewou](https://www.instagram.com/wolfridewou)

503-428-7238 (call/text) • WOLF Ride offers free and reliable shuttle service to WOU students during the evenings in the Monmouth-Independence area.

Wolfstore • books.wou.edu

WUC 204 • 503-838-8300 • Purchase your textbooks and school or art supplies at the Wolfstore. You'll also find lot of WOU gear: clothing, hats, knitwear, drinkware, pennants, gift items and more! You can even buy \$7 movie tickets for the Independence Cinema in our store! Our regular hours are Monday to Friday, 8:30 a.m. - 5 p.m., and on Saturdays from 10 a.m. to 2 p.m.

