

Western Oregon University
2008-2010 Biennial Compliance Review:
Drug-Free Schools and Community Act

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In compliance with the Drug-Free Schools and Community Act (DFSCA), this report outlines efforts and progress in creating a drug and alcohol free environment at Western Oregon University for student and employees. This review also provides insight into areas in need of further development and improvement, while also recognizing successful policies, campaigns and projects. This review is for the academic years of 2008-2009 & 2009-2010.

Following is the Policy Statement set forth by WOU, updated in 2009. This review will evaluate the efforts and policies set forth in creating a drug and alcohol free campus. The policy statement is as follows:

Western Oregon University has committed itself to the education and development of healthy, productive, and responsible individuals. Consistent with this commitment, WOU has established, and will enforce, institutional rules that uphold federal, state, and local laws applicable to alcohol and other drug usage. The university prohibits illegal use of drugs or alcohol by students, faculty, or staff.

In order to promote intelligent decision-making, WOU makes available to students, faculty, and staff basic information and educational programs on the prevention of alcohol and substance abuse. WOU also offers counseling and assistance programs for individuals with problems related to alcohol and substance abuse.

The University considers each member of the academic community a responsible participant in the health and welfare of the community. The university, therefore, expects each community member to adhere to this policy.

This report also provides information addressing reported alcohol incidents in the WOU community, as well as disclosure of criminal activity on campus as reported through the Clery Campus Security Policy and Crime Statistics Disclosure Act. The full report available to students and employees provides statistics for the previous three years and is attached with this report.

WOU supports programs of education, prevention, intervention, and response, as well as support and assistance to those with substance abuse problems. Programs are designed to educate on responsible use, prevent illegal use and abuse, provide safe, drug and alcohol free alternative activities for students, as well as to address other issues that surround illegal substance use. Upholding violations of the code of conduct with disciplinary sanctions relating to drug and alcohol issues are addressed through judicial affairs, with emphasis on educational development when possible.

Campus Involvement:

Addressing issues of illegal substance use by students on and around the WOU community has been a collective effort through many departments within the Division of Student Affairs and within academic courses. As respondents, Campus Public Safety, University Housing, and the Student Health and Counseling Center are primarily responsible for handling individuals and situations involving violations of substance use. Direct violations of campus policy are then directed through Judicial Affairs for review and sanctions. Medical and mental health support services are offered through the Student Health and Counseling Center, including individual counseling, support groups, drug and alcohol evaluations and treatment, and referrals to community resources.

Similarly, the education and prevention efforts are also shared by several departments. Health Education through the Student Health and Counseling Center provides events, speakers, promotional materials, and presentations to the campus community. Peer Mentors provide peer educational program and relationships to promote and support students to make healthy decisions. Within the residence halls, University Housing provides a variety of programs that address drug and alcohol use and prevention efforts, as well as non-alcoholic alternative events on nights and weekends. Public safety provides a variety of presentations, educational support at AOD programs, and provides a presence to campus events. Student Leadership and Activities also involves alcohol awareness through their new student orientation events. There are also academic courses specific to educating and addressing issues of drugs and alcohol within the Health and Physical Education Department.

***Review:** Though there is not a centralized office responsible for addressing AOD issues, the WOU campus provides a variety of efforts and means in creating a safe, healthy campus, while providing a variety of prevention and educational materials for the campus community. While efforts are separated through departments, communication and collaboration exists and is well functioning.*

Recommendations:

- *Unify prevention and educational efforts through increased collaborative strategic planning of AOD events*
- *Increase efforts through student leadership groups*
- *Develop more specialization and resources to advance campus AOD prevention and intervention strategies*

Annual Notification of DFSCA Policy to Campus Community:

Students and employees of WOU receive access and exposure to the DFSCA policy through a variety of media. Written documents can be found in the Student Code of Conduct, Guide to Residential Living, Course Catalog, Plan-It Wolf, and the Campus Survival Guide. These resources can also be found online through the WOU Website along with the DFSCA Policy on the Vice President of Student Affairs (VPSA) webpage.

(www.wou.edu/student/pdf/DrugFreeSchoolsandCommunitiesPolicy.pdf)

This policy is sent out electronically to the entire campus community at the beginning of each academic year through the Office of the VPSA. If changes are made to policy or laws of an AOD nature, the Director of Public Safety sends an electronic notification to the campus community.

Review: *The policy is easily accessible to the campus community in a variety of media forms. Information is easily found on the website and within major campus reference materials.*

Recommendations:

- *Creating an online link within the human resources page for easy access for employees.*

Campus Information and Statistics

In attention to their students and awareness to the issues regarding alcohol and other drug use, WOU upholds a philosophy of creating a healthy, drug and alcohol free campus community. This philosophy supports positive behaviors such as responsible decision making, respecting choices not to use alcohol or other drugs, and creating a social atmosphere without a focus on alcohol.

Unfortunately, data to provide insight into the behaviors related to drugs and alcohol use of the campus population hasn't been collected since 2006. Periodically WOU has participated in collecting data through the National College Health Assessment, to sample a reasonable portion

of the campus community. This assessment is being organized to take place in the 2011-2012 academic year.

Data that has been collected is a representation of alcohol and drug violations through Judicial Affairs. The judicial numbers are representative of individual policy violations and indicate the amount of times each policy is violated.

Code of Student Responsibility Violations

| VIOLATIONS | 2008-09 | 2009-10 |
|--|----------------|----------------|
| Drugs/Alcohol on Campus | 8 | 6 |
| Drugs Off-Campus | 3 | 9 |
| Alcohol/Drugs at University sponsored off-campus event | 0 | 0 |
| Violation Local Laws (MIP's) | 61 | 15 |

Guide to Residential Living Violations

| VIOLATIONS | 2008-09 | 2009-10 |
|---------------------|----------------|----------------|
| Alcoholic Beverages | 149 | 161 |
| Drugs | 36 | 70 |

The following information is reported through WOU Public Safety Department as provided through the Clery Report:

| | 2008 | | | | 2009 | | | |
|----------------------------|------------|------------|----------|-----------|------------|------------|----------|-----------|
| ALCOHOL/DRUG VIOLATIONS | A | B | C | D | A | B | C | D |
| Alcohol Involved Incidents | 85 | 77 | 0 | 12 | 58 | 53 | 0 | 7 |
| -- Alcohol Arrests | 40 | 36 | 0 | 22 | 10 | 8 | 0 | 13 |
| Drug Involved Incidents | 41 | 37 | 0 | 3 | 30 | 28 | 0 | 3 |
| -- Drug Arrests | 5 | 5 | 0 | 0 | 8 | 6 | 0 | 3 |
| TOTALS | 230 | 153 | 1 | 37 | 170 | 106 | 0 | 28 |

- A = On Campus
- B = Residential Facilities (Subset of On-Campus numbers)
- C = Public Property
- D = Non-Campus Property

Review: *Campus statistics and data about current use and behaviors are lacking, besides through judicial campus safety reporting. Drug use violations have doubled campus-wide indicating a need for further attention and development of prevention and review of intervention efforts.*

Recommendations:

- *Conducting a regular campus-wide surveying and assessment to gauge campus use and behaviors*
- *Review sanctions for AOD violations to measure success and value*
- *Provide specific education and prevention efforts toward drug use*

Prevention and Education

To address the importance of alcohol and other drug use and abuse within the college population, a variety of educational and preventative efforts are made throughout the year and between departments. WOU believes alcohol to be an inappropriate focus of campus social activity and that the use of illegal drugs or use of alcohol is incompatible with the philosophy and values of the academic community. Throughout the academic year of 2008-2009 and 2009-2010 campus efforts to educate on healthy decision making and prevention were offered to students and the campus community through training, events, and educational materials. The following is a breakdown of the campus-wide efforts:

2008-2009 Programs and Events

- Jason Kilmer- Alcohol training for residence hall staff
- Alcohol Poisoning and What To Do (in response to first week alcohol poisoning)
- Alcohol and Sex (passive)
- How to Lose a Grade in Ten Weeks (effects of drugs/alcohol on studies)
- It's Mardi Gras, Let's Toga (party safety)
- Mardi Gras Dance Party (legal ramifications of underage drinking and drug use)
- Black Light Party (rave drugs)
- St. Paddy's Day – Just One More Drink (passive)
- Spring Break Promise Boards
- D&A (effects of drugs and alcohol on the body – passive)
- Pot N' Brownies (alternative programming to 4:20)
- Alcohol/Drugs (summer safety)
- Absolutely Smashed (RHA in collaboration with USA Today). Displayed a wrecked car involved in a drunk driving incident and passively educated for over a week
- Freshmen Bar- Peer Mentor alcohol awareness, drinking and driving, policy awareness, damaged vehicle display
- Alcohol Awareness at Cinderella Ball- formal dance, Peer Mentors provided mocktails and alcohol education

- Poster passive campaign through residence hall system using Face Project posters.
 - Life At It's Best "Soberchillin'" posters placed in each Arbor Park apartment and Butler rooms (upperclass)
 - Life At It's Best "Soberchillin' Campfire" posters placed in the Wellness community in Heritage Hall (freshmen)
 - Life At It's Best "Soberjammin'" air freshener given to each upperclass resident on campus
 - Life At It's Best "Soberkaze Snowboard" posters placed in the Wellness community in Heritage Hall (freshmen)
 - "Recall the Night" posters placed in freshmen and upperclass residential bathrooms and laundry rooms on campus
 - "Rearview Mirror" posters placed in freshmen and upperclass residential bathrooms and laundry rooms on campus
 - "School of Fish" posters placed in freshmen and upperclass residential bathrooms and laundry rooms on campus
- New Student Week Alcohol Speaker- Bernie McGrenahan "Happy Hour for Free"
- Sex Signals- Sexual Assault Prevention Program
- Will Keim- Convocation Speaker
- Healthy lifestyles workshop for New Student Week
- Great American Smoke-Out- Peer Mentors and Student Health Center
- Safe Spring Break- Peer Mentor alcohol awareness campaign, making responsible choices, having fun without alcohol
- Get Lei'd Luau- Peer Mentor sexual health awareness- addressing sex under the influence
- WOU Annual Health Fair
- Classroom Presentations on alcohol, drugs, addictions, binge drinking, tobacco use, sexual assault, responsible decision making / refusal skills, and campus and community resources
- Campus Community "Walk About"-Vice President of Student Affairs, Dean of Students, Monmouth Police Department

2009-2010 Programs and Events

- Jason Kilmer- Alcohol training for residence hall staff
- Let's Be Safe On Halloween (safety tips and party facts)
- Date Rape Awareness and Social (in collaboration with Peer Mentors)
- Margarita Monday (drinking and academic effects)
- Hangout or Hangover (serving sizes education)
- DUI & MIP (effects and costs of drinking)
- It's Just a Drink, What Could Happen (drunk driving – passive)
- Do You Smoke? (effects of tobacco and marijuana on the body – passive)
- Lessons Learned from Textsfromlastnight.com (passive)
- Texts From Last Night (resource education for excessive drinking)

- Mocktails (drink safety)
- Pizza and Mocktails (drink safety)
- Freshmen Bar- Peer Mentor alcohol awareness, drinking and driving, policy awareness, damaged vehicle display
- Alcohol Awareness at Cinderella Ball- formal dance, Peer Mentors provided mocktails and alcohol education
- New Student Week Alcohol Speaker- Jason Kilmer
- Katie Koestner- Sexual Assault Prevention Speaker
- Will Keim- Convocation Speaker
- Healthy lifestyles workshops for New Student Week
- Great American Smoke-Out- Peer Mentors and Student Health Center
- Safe Spring Break- Peer Mentor alcohol awareness campaign, making responsible choices, having fun without alcohol
- Get Lei'd Luau- Peer Mentor sexual health awareness- addressing sex under the influence
- WOU Annual Health Fair
- Classroom Presentations on alcohol, drugs, addictions, binge drinking, tobacco use, sexual assault, responsible decision making / refusal skills, and campus and community resources
- Forever Changed (Campus Public Safety)
 - Event involved a keynote speaker (Nigel Wringham), safety fair, and drunk driving simulation
 - Invited WOU students as well as ever high school in Polk County. Those in attendance included Santiam Christian High School, Falls City High School, Central High School, and Salem-Keizer high schools, among others.
 - Event collaborators included: Western Oregon University, Public Safety, MADD, Monmouth Police Department, Salem Hospital, Polk County Fire and Rescue, Oregon Department of Transportation, REACH Medical, among others.
 - Event sponsors included: Wal-mart, Marquis Spas, and other local businesses.
 - Drunk driving simulation included wrecked cars, full medical and police response, microphones on EMTs, victims and police officers, and Med-Evac helicopter
 - One Central High School (Monmouth-Independence) student in attendance is re-creating this program as their senior project for graduation.
- Forever Changed Safety Fair (Student Health and Counseling Center)
 - Beer Goggle Obstacle Course
 - Effects of underage drinking
 - Drinking and Driving
 - Campus and Community Resources and Agencies addressing issues of alcohol and drug use
- Campus Community “Walk About”-Vice President of Student Affairs, Dean of Students, Monmouth Police Department

Review: *The efforts provided for campus prevention and education are offered through a variety of departments and address a diverse range of topics and target populations. Ideas seem to change and adapt each year.*

Recommendations:

- *Provide programming / training efforts on refusal skills and peer pressure*
- *Further collaboration and alignment of goals and learning outcomes and unified efforts*
- *Increase AOD programming and education to off-campus students*
- *Improve documentation and evaluations of AOD programs*
- *Continue to evolve and adapt prevention efforts to address current trends*

Interventions and Conduct

Students found in violation of alcohol and other drug policies are directed through the judicial process at WOU, which may be in addition to court sanctioning. The process may vary depending on the violation and number of encounters a student may already have. Both violations of alcohol and marijuana-use provide an online educational tool (Alcohol-Edu and Marijuana 101) that is mandatory for students to complete. The Student Health and Counseling Center also provide alcohol and drug evaluation and treatment that may be required of a student in violation. These evaluations may lead to sanctioned follow up appointments and treatment. The following table represents the number of sanctions provided by Judicial Affairs:

Educational Sanctions

| | 2008-09 | 2009-10 |
|--------------------------------------|----------------|----------------|
| AlcoholEdu | 100 | 91 |
| Alcohol/Drug Evaluation | 27 | 29 |
| Alcohol/Drug Treatment | 0 | 0 |
| Complete Court Assigned Diversion | 35 | 25 |
| Party Plan | 4 | 0 |
| Submit Court Results | 24 | 19 |
| Marijuana 101 | 26 | 45 |

Other sanctions may also have been applied to these violations. The numbers have remained fairly constant, with exception to the increase in Marijuana 101, which correlates with the increase in drug violations in 2009-2010.

Review: *The communication between the departments involved has remained very effective in collaborative interventions. WOU also provides a variety of sanction avenues that offer personalization to each situation and individual.*

Recommendations:

- *Continue to research and implement creative educational sanctions*
- *Review if the drug sanctioning is effective if number continue to increase*
- *Explore involving community resources in educational sanctions.*

Evaluation and Recommendations:**Strengths:**

Campus community interest and involvement: From prevention and educational efforts through the judicial process, multiple departments are collaborating in creating a campus environment free of AOD. These efforts emphasize effective communication and strong relationships between departments to successfully organize these projects.

Diversity of Strategies: The collective efforts made on the WOU campus to educate and address AOD problems provide great variety in purpose, target, and delivery. Sanctions are educational, creative, and personalized to maximize the learning outcomes for each individual situation. The campus provides information and events inclusive to addressing the interest and needs of the diverse student body.

Policy: WOU has devoted itself to creating an educational environment that promotes health lifestyles regarding AOD usage. Within the policy, WOU provides statements of philosophy which offer campus guiding principles for expectations of behavior and presentation. The policy was recently reviewed and revised in June 2009. The policy clearly delineates the expectations of campus community members, groups, events, and support programs. This policy is made available in many of the major campus references, both printed and online.

Weaknesses:

Routine Campus Data Collection: Unfortunately data for the general campus community regarding AOD use and abuse hasn't been conducted regularly, which provided lacking data for this report. The Health and Counseling Center is currently organizing efforts to conduct the National College Health Assessment for the 2011-2010 year. This data will provide insight into behaviors and trends relevant to this campus.

Campus-Wide Strategic Plan: While communication and collaboration across university departments has been successful, there is a lacking mission and alignment of AOD prevention and education efforts. To create a campus-wide plan and objectives would help with efficiently using resources and provide a means to evaluate the areas receiving sufficient attention and the areas that are consistently lacking. Creating learning outcomes and goals would help organize efforts from individual department efforts, into a more holistic, campus-wide purpose.

Review Team: Creating a team to provide consistent evaluation and feedback to the biennial review of the DFSCA. Due to the number of departments responsible for AOD prevention, education, and intervention, this report requires a collection of information for each department. A review team could be made up of individuals representing the involved departments and provide for the ability to collect and retrieve information pertinent to the review of compliance.

Recommendations:

Based on the available data and current AOD programs at WOU, the following recommendations can be made:

- Implement at campus-wide assessment regarding AOD
- Create a strategic plan to align campus resources
- Continue to review and revise the current policy to address current issues and trends, and alignment with other campus policies
- Review and update sanctions of alcohol and drug policy violations
- Enhance data collection and evaluation of AOD prevention and education programs