

# 2018-2020 Biennial Review: Drug-Free Schools and Communities Act

# Western Oregon University 2018-2020 Biennial Drug Free Schools and Community Act Compliance Review

# **Review Team:**

The following parties contributed to this Review: Beth Scroggins (SHCC), Tina Fuchs (Housing/Conduct), Maria Bonifacio-Sample (Conduct), Patrick Moser (Student Engagement).

In compliance with the Drug-Free Schools and Community Act (DFSCA), this review outlines efforts at Western Oregon University (WOU) in creating a community and workplace that is free of drugs and alcohol for students and employees. This review outlines current policies, practices, and projects aimed at prevention, education, and response to use and abuse violations and treatment. The following review outlines the 2018-19 and 2019-20 academic years.

This review also provides information addressing reported alcohol incidents in the WOU community, as well as disclosure of criminal activity on campus as reported through the Clery Campus Security Policy and Crime Statistics Disclosure Act. The full report available to students and employees provides statistics for the previous five years and is attached with this review. It can be found through Campus Public Safety's website at: <a href="http://www.wou.edu/safety/clery-act/annual-security-and-fire-safety-report/">http://www.wou.edu/safety/clery-act/annual-security-and-fire-safety-report/</a>.

WOU provides alcohol and drug education to the campus community through a variety of programs, materials, and services available to all students. Through the work and collaboration of many campus departments, presentations, events, programs, speakers, written materials, and online resources provide preventative and educational interventions in efforts to reduce campus substance abuse. Most approaches advocate for legal responsible use, prevention towards illegal use and abuse, and offer safe drugand alcohol-free alternative activities for students. Consistent with the university policy, individuals with substance abuse at WOU have support services available for counseling and assistance. The office of Student Conduct manages and upholds violations of the Code of Student Responsibility with disciplinary sanctions relating to drug and alcohol issues emphasizing educational development when possible.

#### **Review Process:**

Triggered by a request from the Vice President of Student Affairs, our biennial review process begins with a collection of information and data from the following departments: Student Health and Counseling Center, University Housing, Office of Student Conduct, Student Engagement, and Campus Public Safety. Data collection includes prevention, education, treatment, and violation reports across campus. The data is compiled by the Review Team. Recommendations are then provided to the Vice President of Student Affairs.

# **Campus Policy Statement and Philosophy:**

The WOU Policy Statement was last reviewed and revised on 8/11/16 by the Office of the Vice President of Student Affairs.

Western Oregon University has committed itself to the education and development of healthy, productive, and responsible individuals. Consistent with this commitment, WOU has established, and will enforce, institutional rules that uphold federal, state, and local laws applicable to alcohol and other drug usage. The university prohibits illegal use of drugs or alcohol by students, faculty, or staff. Federal law does not allow the use of medical marijuana or recreational use of marijuana as legalized by some states. Since WOU must comply with federal law, marijuana use is strictly prohibited in all situations.

In order to promote intelligent decision-making, WOU makes available to students, faculty, and staff basic information and educational programs on the prevention of alcohol and substance abuse. WOU also offers counseling and assistance programs for individuals with problems related to alcohol and substance abuse.

The university considers each member of the academic community a responsible participant in the health and welfare of the community. The university, therefore, expects each community member to adhere to this policy.

#### **Philosophy:**

The above policy statement reflects WOU's philosophy concerning the use of alcohol and other drugs as summarized below:

- The university discourages the abuse of alcohol and legal drugs. The university condemns the use of illegal drugs.
- The university values responsible decision-making concerning the use of alcohol and legal drugs.
- The university supports the choice not to drink and upholds that decision as socially acceptable within the academic environment.
- The university does not condone excessive drinking. The university, therefore, considers intoxication an insufficient excuse for misconduct or for infringing on the rights of others.
- The university believes alcohol to be an inappropriate focus of campus social activity.
- The university holds that any use of illegal drugs or the illegal use of alcohol is incompatible with the philosophy and values of the academic community.

# **Annual Notification of DFSCA Policy to Campus Community:**

Each year WOU is required to inform students, faculty, and staff of the university's standards and sanctions, programs available, health risks associated with drug and alcohol use and abuse, and federal and state legal sanctions.

Our campus community receives information on the DFSCA Policy through a variety of media sources. Written documents can be found in the <a href="The Code of Student">The Code of Student</a>
<a href="Responsibility">Responsibility</a>, <a href="The Guide to Residential Living">The Guide to Residential Living</a>, and <a href="the WOU Course Catalog</a>. Faculty and Staff can access the policy on the <a href="Human Resources">Human Resources</a> website, making it easily found and visible with other campus policies.

This policy is scheduled to be sent out electronically to the entire campus community at the beginning of each academic year through the Office of the VPSA. If changes are made to policy or laws relating to alcohol or other drugs, the Director of Campus Public Safety sends an electronic notification to the campus community.

**Review:** The policy is easily accessible to the campus community in a variety of forms. Information is easily found on the website of the Vice President of Student Affairs, and within major campus reference materials.

#### Recommendations:

- Program content and objectives should be included/promoted in the "Events and Activities at WOU."
- Schedule a review of the university policy to ensure it continues to be up-to-date no later than September 1, 2021.
- Include the policy in training materials for Residential staff, Fraternity and Sorority organizations, other student clubs and organizations, and Campus Public Safety staff.

#### **Campus Information and Statistics:**

In awareness of the issues regarding alcohol and other drug use, WOU upholds a philosophy of creating a healthy, drug and alcohol free campus community. This philosophy supports positive behaviors such as responsible decision making, respecting choices not to use alcohol or other drugs, and creating a social atmosphere without a focus on alcohol. WOU uses data from Campus Public Safety, the office of Student Conduct, and the Student Health and Counseling Center to report A&D figures.

In the past, WOU participated in collecting data on its student population through the National College Health Assessment (NCHA) for campus specific information as well as comparative data to national numbers. This data would provide insight to students reporting personal use, perceptions, and awareness. This information could enhance our current educational practices and targeted prevention efforts, while also offering a comparison to national numbers.

The office of Student Conduct contributed data representing alcohol and drug violations of students. These numbers are representative of individual policy violations and indicate the amount of times each policy is violated. These statistics may differ from the Clery report due to Clery reporting criteria.

Code of Student Responsibility Violations*			
VIOLATIONS	2018-2019	2019-2020	
Alcohol	14	9	
Controlled Substances	14	12	
Violations of Local Laws (MIPs & Drugs)	25	14	

Guide	to Residential Living Violat	ions**
VIOLATIONS	2018-2019	2019-2020
Alcoholic Beverages	137	154
Drugs	138	163

The following information is reported through WOU Campus Public Safety as provided through the Clery Report:

ALCOHOL AND DRUG VIOLATIONS					
		On Campus	Residential	Public	NonCampus
Liquor Law Violations	2018	104	87	2	0
	2019	60	50	0	0
Alcohol Arrests	2018	0	0	0	0
	2019	0	0	0	0
Drug Abuse Violations	2018	112	79	0	0
	2019	74	70	0	0
Drug Arrests	2018	0	0	0	0
	2019	5	5	0	0

**Review:** The office of Student Conduct and Campus Public Safety continue to be the primary source of data regarding A&D prevalence at WOU. Since the biennial review in 2018, the number of alcohol and drug violations in on-campus, residential, and public locations increased from 2016 to 2018 but then showed a decline for 2019. Drug arrests in 2019, as noted in the Clery report, increased. Drug use violations in the residence halls continue to eclipse alcohol violations and require educational and preventative attention. A review of the reports indicate that the office of Student Conduct no longer regularly receives Monmouth Police Reports regarding off campus MIP's.

#### Recommendations:

 Campus Public Safety and the office of Student Conduct will work in tandem to engage with the Monmouth Police Department for better and more consistent reporting.

<sup>\*</sup>Code of Student Responsibility Violations generally relate to incidents reported from off campus

<sup>\*\*</sup>Guide to Residential Living Violations relate to incidents that occur on campus in the residence halls

- Continue to develop and evaluate educational sanctions for A&D violations to measure success and value.
- Increase specific education and prevention efforts toward drug education and prevention to the campus community, specifically around marijuana.

# **Campus Response and Prevention Efforts:**

The WOU community continues to collaborate in educational programs regarding alcohol and drug education and prevention. Within the division of Student Affairs, Student Health and Counseling Center, University Housing, New Student Orientation, and Campus Public Safety lead considerable educational events, presentations, and training. Student Engagement has been proactive in providing guidance and training for Fraternity and Sorority Life members as well.

Direct violations of campus policy are directed through the office of Student Conduct for review and sanctioning. Medical and mental health support services are offered through the Student Health and Counseling Center, including individual counseling, support groups, drug and alcohol evaluations, treatment, and referrals to community resources.

The WOU CARE (Campus Assessment, Response, & Education) Team is a collaboration of University officials from academic and student affairs. Their purpose is "to assess, discuss, and recommend intervention to the appropriate campus departments, division or persons in response to significant campus situations and events such as: issues of bias, student death or significant trauma, problematic student situations involving medical or psychological concerns, and campus emergency situations that directly affect the well-being of students and the campus community at large."

The WOU CARE Team mission is "to maintain a safe and secure learning environment at Western Oregon University by addressing the physical and psychological issues that impact students, faculty and staff in the pursuit of the educational process." Campus partnerships and communication are consistently practiced throughout the variety of response procedures.

Similarly, educational and preventive efforts are also collaborative in nature. Alcohol and substance abuse education programs begin with New Student Week and continue throughout the academic year. The Student Health and Counseling Center Health Promotion department creates and employs a variety of events, speakers, promotional materials, individual educational sessions, and presentations to the campus community. Campus Public Safety provides a variety of presentations, educational support at A&D programs and provides a presence to campus events.

The Vice President of Student Affairs implements an online learning module requirement for incoming first year students. 'U Got This' is a three module engaging prevention program addressing bystander approaches specific to interpersonal violence prevention. Within in the program, the training includes how alcohol might impact sexual assault, and what campus resources are available for students.

Student Engagement also incorporates alcohol awareness through new student orientation events. Training and education continues to be provided to members of the Fraternity and Sorority Life community. The current *Fraternity and Sorority Life Policies and Procedures* provides specific requirements in regards to alcohol education training. Members are required to provide proof of participation in alcohol education training each year. This training is offered at the annual Fraternity and Sorority Summit that requires an attendance rate of 85% of all active members. Those who do not attend the Summit must attend chapter provided alcohol education.

The general student population also has access to academic courses specific to issues of drugs and alcohol within the Community Health and Exercise Science Department. See *the WOU Course Catalog* for more detail on these courses.

Campus-wide programs are utilized to provide alcohol and drug free alternative events for students and many carry an educational component around alcohol and/or drugs. University Housing provides Resident Assistants who serve to enforce policy, provide programs, act as student support allies and serve as resources to their communities. The SHCC Health Promotion Department and Peer Mentors provide another student resource in first year communities, acting as support while providing educational programming for their residents and campus. Significant educational training specific to alcohol and drugs is provided to Resident Assistants and Peer Mentors, with an emphasis on how to identify concerning behavior, and awareness of campus resources. Their responsibilities for role-modeling, relationship building, and programming are significant methods of prevention and education to students.

**Review:** Programming and presentations tend to be the main approach to educating students about alcohol and drug awareness. Information and resources for students are easily accessible via websites, programs, and presentations. Support services from the CARE Team, the office of Student Conduct, Campus Public Safety, and the Health and Counseling Center are accessible and collaborative. The campus community shares a vision in helping create a safe and healthy education environment, with resources and support services easily accessible and visible to the community. A&D prevention, educational goals, and interventions, still remain fairly independent to departmental goals and purpose.

#### Recommendations:

- Continue to evaluate and develop online learning and mandatory educational sessions for incoming students
- Further develop social norms and bystander approaches within programming for student leaders and target population
- Utilize the NCHA and other tools for accurate data regarding campus behaviors and specific needs
- Create a more diverse range of topics within educational programming efforts, specifically regarding drug education and prevention

- Review documentation between departments regarding outreach and programming efforts to improve efficiency in sharing data
- Continue to build relationships and programmatic partnerships with the Fraternity and Sorority Life system

#### **Interventions and Conduct:**

Students found in violation of alcohol and other drug policies are directed through the conduct process at WOU, which may be in addition to court sanctioning. The process may vary depending on the violation and number of encounters a student may already have. Students found in violation of alcohol and marijuana-use policies are assigned an online educational sanction (eCHUG, Under the Influence, and Marijuana 101) that is mandatory to complete. The Student Health and Counseling Center also provides alcohol and drug evaluation and treatment that may be required of a student in violation. These evaluations may lead to sanctioned follow up appointments and treatment. The following table represents the number of sanctions provided by the office of Student Conduct:

EDUCATIONAL SANCTIONS			
	2018-2019	2019-2020	
eCHUG/Under the Influence	44	33	
Alcohol/Drug Evaluation	5	10	
Alcohol/Drug Treatment	0	0	
Complete Court Assigned Diversion	7	1	
Submit Court Results	7	1	
Marijuana 101	43	29	

Other sanctions, or combinations of a variety of these sanctions may be applied to students based on infraction severity and quantity. Since the 2018 review, our overall numbers in all categories except Alcohol/Drug Evaluation have decreased. The methods of sanctions for student violations have been under review and development in efforts to create a more personalized, educational, and reflective approach.

**Review:** Sanction numbers have continued to decrease overall, indicating a change in procedure, or effective reduction in violations. WOU provides students with a variety of sanction options to meet the specific needs of students, and options for educational sanction approaches.

#### Recommendations:

- Evaluate the sanction system and usage of options
- Continue to research and implement variety of best practiced educational sanctions
- Explore involving community resources in educational sanctions and reporting
- Provide more training to hearing officers (Senior RA's, Resident Directors, Hearing Committee members)

# **Programming Prevention and Education:**

To address the importance of alcohol and other drug use and abuse within the college population, a variety of educational and preventative efforts are made throughout the year and between departments. WOU believes alcohol to be an inappropriate focus of campus social activity and that the use of illegal drugs or use of alcohol is incompatible with the philosophy and values of the academic community. Throughout the academic year of 2018-2019 and 2019-2020, campus efforts to educate on healthy decision making and prevention were offered to students and the campus community through training, events, and educational materials. The following is a breakdown of the campus-wide efforts:

#### 2018 – 2019 Programs and Events

- Drug and Alcohol Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- Alcohol and Drug Presentation by Polk County Narcotics Team, Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- Sholotta Sharp, SANE Nurse Sexual Violence Prevention presentation for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board, Student Health and Counseling Center Staff, Public Safety Staff, and Faculty
- Campus Community "Walk About": Off-campus interaction and education with Student Affairs and Monmouth Police Department
- New Student Week Alcohol and Drug Education Presentation, Mandatory for all incoming first year students
  - Shot of Reality, Alcohol Education
  - Green Dot's Making Moments Matter featuring: Tim Mousseau: Reframing the Sexual Assault Conversation, Sexual Assault and Drug and Alcohol Education
  - Freshmen Bar, Peer Mentor Alcohol and Drug Education
- New Student Week Educational Sessions, General College Wellness, Party Safety, Sexual Assault, and Health Resources
- Passive Tobacco Education Displays in Residence Halls (31)
- Alcohol Awareness Week Educational Table

- Men's Basketball Sexual Health Presentation, including Alcohol and Drug Education
- Fraternity and Sorority Life Alcohol Training, Alcohol, Drug, Party Safety Education
- College Health and Wellness Education Presentations: Alcohol Education, Party Safety, Sexual Assault, Bystander Training, Social Norms, Successfully Transitioning to College, Staying Balanced at College, and Health Resources
- Party Safety Program with SPEAK
- Tobacco Free Policy Project (10 Presentations, 2 Educational Tables, Poster Campaigns)
- Civil War football watch party (alcohol-free alternative programs)
- Superbowl watch parties (alcohol-free alternative programs)
- Annual Health and Wellness Fair, Various Education Tables and Vendors
- Annual Sexual Health Education Program, included Alcohol Education
- WOU Weekends programs (weekly social programs that happen on the weekends that offer alcohol alternatives)
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources offered by Wellness Education, Faculty, and community specialists

# 2019 - 2020 Programs and Events

- Healthy Perspectives & Social Norms Training, Alcohol and Drug Overview, Social Norms and Health Promotion Training for Resident Assistants, Peer Mentors, and Resident Hall Association
- Sholotta Sharp, SANE Nurse Sexual Violence Prevention presentation for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board, Student Health and Counseling Center Staff, Public Safety Staff, and Faculty
- Green Dot Bystander Prevention and Sexual Assault Training for Peer Mentors, Resident Assistants, and Resident Hall Association Executive Board
- New Student Week Alcohol and Drug Education Presentation, Mandatory for all incoming first year students
  - Wendi Fox Trashed, Alcohol Education
  - Tim Mousseau: Reframing te Sexual Assault Conversation, Sexual Violence, Drug and Alcohol Education
  - Freshmen Bar, Peer Mentor Alcohol and Drug Education
- New Student Week Educational Sessions, General College Wellness, Party Safety, Sexual Assault, Marijuana Legalization, and Health Resources
- Campus Community "Walk About": Off-campus interaction and education with Student Affairs and Monmouth Police Department

- General College Health and Wellness Education Classroom Presentations (8),
   Alcohol Education, Party Safety, Sexual Assault, and Health Resources
- Passive Educational Posters, Marijuana Legalization "Need to Know"
- Passive Educational Posters, Alcohol Awareness Week
- Annual Health and Wellness Fair, Alcohol Education and Community Resource Promotion
- College Health and Wellness Education Presentations: Alcohol Education, Party Safety, Sexual Assault, Bystander Training, Social Norms, Successfully Transitioning to College, Staying Balanced at College, and Health Resources
- Peer Mentor Hall Alcohol Safety and Education Programs for First Year Halls
   (12)
- Sex Jeopardy Program, Sexual Health & Drug Use Awareness
- Civil War football viewing programs (alcohol-free alternative programs)
- Superbowl watch parties (alcohol-free alternative programs)
- Green Dot Bystander Training, Alcohol and Sexual Assault Training (6)
- Fraternity and Sorority Life Alcohol Training, Alcohol, Drug, Party Safety Education
- Sexual Health Education Program, included Alcohol Education
- WOU Weekends programs (weekly social programs that happen on the weekends that offer alcohol alternatives)
- Various presentations on alcohol, drug use, addictions, binge drinking, tobacco use, sexual assault, responsible decision making, refusal skills, and campus resources offered by Wellness Education, Faculty, and community specialists

**Review:** Campus education and prevention programming continue to evolve in practice of implementing more bystander approaches, as well as social norming approaches. University Housing, Health Promotion and other campus partners have increased the training content and focus for student staff regarding A&D program practices and resources in their fall trainings.

#### Recommendations:

- Continue to increase proactive, social norm, and bystander approaches into program training and advising
- Increase community wide educational programming and engage more student populations
- Align learning outcomes to campus programming goals to identify their impact on knowledge acquired and students perceived usefulness and applicability
- Develop feedback and evaluation for participants for learning outcomes and campus resource knowledge
- Explore further funding opportunities and training for A&D specific program needs

# **Evaluation and Recommendations:**

- I. Areas of Strength:
  - A. **Training and Education for Students:** The general campus population is introduced to A&D resources and education through a variety of means including online modules, presentations, orientations, workshops, conduct sanctions, and programming. Students in many programming and leadership roles have access to training and collaborative resources specific to education and prevention programs.
  - B. **Policy:** WOU continues to review and adapt their campus policies on a regular basis. WOU has been consistent in its management of alcohol and drug policy and conduct processes. The conduct process continues to prioritize using educational approaches and sanctions whenever appropriate and possible. These policies for campus are accessible and available campus-wide for all community members. The Code of Student Responsibility is scheduled to be reviewed during the 2021-22 academic year. WOU is being proactive in addressing policy reviews and changes, including tobacco use policies. WOU continues to promote a safe and healthy educational environment through policy and practices.
- II. Areas of Improvement:
  - A. Online Resources: Efforts have been made to make campus resources and policies accessible, however, more learning and support resources and links could be offered for students to access online including through websites, apps, and social media. This will provide information and resources to students who may only be taking online courses and not physically on-campus.
  - B. Campus Data: Implement the National College Health Assessment to collect data and trends for WOU campus and comparison to other national and statewide trends in regards to alcohol and drug use and behaviors. Current data comes from campus policy violations, conduct sanctioning, and the Clery Report, but may not represent current student perceptions and general behavior patterns around drug and alcohol use.

# **Recommendations:**

Reviewing the campus information and data provided at WOU, the following recommendations can be made:

- Conduct an annual review of alcohol and other drug related programming, training, and response with Fraternity and Sorority Life, the office of Student Conduct, University Housing, Student Health and Counseling Center, and Campus Public Safety, to create feedback and goals
- Implement a campus-wide assessment of student A&D use, knowledge, and perceptions, to further develop our campus data
- Further advance training and education for stakeholders within the Fraternity and Sorority Life, athletics, and other high risk populations to build a strong foundation of educational and preventative values

•	Develop an updated resource of online links, apps, and websites for students to
	access electronically