

## **TFAC: Analysis of SHCC Services due to COVID-19**

### **Counseling:**

- Individual counseling, groups, crisis services, after hours crisis, couples counseling
  - All of these services remain in place
- Pre-COVID we served students who were local/on campus and were seen in the office only
  - We now serve these same students, plus students that are living at home but not locally via tele counseling (some state restrictions in place now; post-pandemic the restriction will be limited to Oregon only)
- Limitations to tele counseling might include if a student is psychotic or suicidal – helping them get local resources would be important; however, assessment would determine extent of services we could/would still provide them. Throughout this pandemic, we have continued to serve students with these concerns so far, but again, it's an individual assessment process for liability and what is best for the student.

### **Medical:**

- Initially went to all telehealth but are now seeing students in person (once triaged for approval)
- There are things that students who are seen in-office are not able to receive via telehealth, including:
  - Physical exams, immunizations, pap smears, labs (STI, blood work, etc), injections (allergy, hormone), ear infections, stitches – things that require hands on or visual in-person confirmation

### **Health Promotion:**

Due to COVID, this department is no longer staffed, but that is not a permanent change. I would hope to have it up and going again by winter 2022 (of course, sooner if possible, but trying to be realistic and get our medical and counseling staff back up)

HP offered wellness coaching and the R&R room. These were services added without additional cost to students and have only been offered the past two years. Wellness coaching was not very utilized but the R&R room is a priority in resuming this department.

At this time, no student has access to these services; however once services resume, this will be one that students not living locally (within driving distance) would not be able to utilize.